

Juniors School

Jan 6, Jan 27, Feb 24, Mar 17

LUNCH

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Mild tikka Chicken curry	Exmoor pork and herb Bolognese	Roast chicken Or Gammon	Traditional Cottage pie	Sustainable battered pollock fillet with tartare sauce
MEAT FREE VEGETARIAN	Japanese inspired vegetable curry	5 bean and spinach Bolognese	Cheese & tomato pinwheels	Lentil and butternut filo pie	Battered vegan sausage
ON THE SIDE	Basmati rice Smashed poppadum's Green beans Mango chutney	Spaghetti pasta Parmesan cheese Sweetcorn	Fluffy roast potatoes Peas and cabbage gravy Yorkshire pudding	Mashed potato Carrots and peas	Triple cooked chips Peas Baked beans
DESSERT	Ice cream	Apple and cinnamon crumble with custard	Sticky toffee pudding and toffee cream	Vanilla Rice pudding and jam sauce	Chocolate brownie
EVERY DAY	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day

Lunch

Senior School

Jan 6, Jan 27, Feb 24, Mar 17

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
MAIN MEAL	Mild tikka Chicken curry	Exmoor pork and herb Bolognese	Traditional Cottage pie	Sweet and sour chicken	Sustainable battered pollock fillet with tartare sauce
MEAT FREE VEGETARIAN	Japanese inspired vegetable curry	5 bean and spinach Bolognese	Lentil and butternut filo pie	Sweet and sour Quorn fillet	Battered vegan sausage
ON THE SIDE	Basmati rice Smashed poppadum's Green beans Mango chutney	Spaghetti pasta Parmesan cheese Sweetcorn	Mashed potato Carrots and peas	Egg noodles Prawn crackers Green beans and broccoli	Triple cooked chips Peas Baked beans
DESSERT	Ice cream	Apple and cinnamon crumble with custard	Sticky toffee pudding and toffee cream	Vanilla Rice pudding and jam sauce	Chocolate brownie
EVERY DAY	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day