

# LUNCH

Feb 24, Mar 17

Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Mild tikka Chicken curry	Exmoor pork and herb Bolognese	Roast chicken  Or Gammon	Traditional Cottage pie	Sustainable battered pollock fillet with tartare sauce
MEAT FREE VEGETARIAN	Japanese inspired vegetable curry	5 bean and spinach Bolognese	Cheese & tomato pinwheels	Lentil and butternut filo pie	Battered vegan sausage
ON THE SIDE	Basmati rice Green beans Mango chutney	Spaghetti pasta Parmesan cheese Sweetcorn	Fluffy roast potatoes Peas and cabbage gravy Yorkshire pudding	Mashed potato Carrots and peas	Triple cooked chips  Peas Baked beans
DESSERT	Ice cream	Apple and cinnamon crumble with custard	Sticky toffee pudding and toffee cream	Vanilla Rice pudding and jam sauce	Chocolate brownie
EVERY DAY	Jacket potato with cheese and beans  Pasta bar with sauce of the day	Jacket potato with cheese and beans  Pasta bar with sauce of the day	Jacket potato with cheese and beans  Pasta bar with sauce of the day	Jacket potato with cheese and beans  Pasta bar with sauce of the day	Jacket potato with cheese and beans  Pasta bar with sauce of the day

# LUNCH

Mar 3, Mar 24

Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Chicken and ham carbonara	Mild Beef chilli nachos	Roast chicken	3 cheese macaroni cheese	Battered pollock fillet
MEAT FREE VEGETARIAN	Garlic mushroom and edamame bean and red pepper carbonara	Mild lentil and bean chilli	Quorn sausage and roasted root vegetables	Macaroni cheese	Vegetable burger with pickled red onions
ON THE SIDE	Herby linguini Parmesan cheese peas	Long grain rice sweetcorn Salsa, guacamole, cheese, sour cream	Roast potatoes Rich gravy Carrots & peas Yorkshire puddings	Garlic slice  Broccoli	seasoned Chips  Petit pois  Baked beans
DESSERT	Chocolate chip sponge	Warm flapjack slice	Lemon shortbread	Jam doughnut	Giant cookie
EVERY DAY	Jacket potato with cheese and beans  Pasta bar with sauce of the day	Jacket potato with cheese and beans  Pasta bar with sauce of the day	Jacket potato with cheese and beans  Pasta bar with sauce of the day	Jacket potato with cheese and beans  Pasta bar with sauce of the day	Jacket potato with cheese and beans  Pasta bar with sauce of the day

# LUNCH

Mar 10

Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Swedish Meatballs	Chicken thigh and chorizo ragu	Slow roasted pork shoulder and apple sauce or braised chicken leg	<b>Sausage bar</b> Butcher classic sausage Pork & leek sausage	Battered pollock fillet with lime mojo mayonnaise
MEAT FREE VEGETARIAN	5 bean and roasted red pepper chilli	Spicy tomato ariabata with chunky vegetables	Roasted vegetable hotpot with dumpling	Chicken sausages Vegetarian sausage toad in the hole	Margherita pizza
ON THE SIDE	Spaghetti Steamed cabbage & courgette	Wholemeal penne pasta Broccoli Green beans	Fluffy roast potatoes Peas and cabbage gravy Yorkshire pudding	Mash Potato Sweetcorn and Onion gravy	Chips Peas Baked beans
DESSERT	Maple-soaked Pancakes with autumn berry coulis	Chocolate sponge with chocolate sauce	Strawberry cheesecake	fruit crumble and custard	Biscoff muffins tray bake
EVERY DAY	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day

FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS