

Lunch

Feb 24, Mar 17

Week 1 SENIOR

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
MAIN MEAL	Mild tikka Chicken curry	Exmoor pork and herb Bolognese	Traditional Cottage pie	Chinese BBQ chicken	Sustainable battered pollock fillet with tartare sauce
MEAT FREE VEGETARIAN	Japanese inspired vegetable curry	5 bean and spinach Bolognese	Lentil and butternut filo pie	Chinese style BBQ Quorn	Battered vegan sausage
ON THE SIDE	Basmati rice Green beans Mango chutney	Spaghetti pasta Parmesan cheese Sweetcorn	New Potatoes Carrots and peas	Egg noodles Prawn crackers Green beans and broccoli	Triple cooked chips Peas Baked beans
DESSERT	Ice cream	Apple and cinnamon crumble with custard	Sticky toffee pudding and toffee cream	Vanilla Rice pudding and jam sauce	Chocolate brownie
EVERY DAY	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day

Lunch

Mar 3, Mar 24

Week 2 SENIOR

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
MAIN MEAL	Chicken and ham carbonara	Classic Beef chilli	<u>Dirty Fries Bar</u> BBQ pulled Pork Grated cheese Jalapenos	3 cheese macaroni cheese Toppers (Crispy bacon, Croutons, Sweet chilli chicken)	Breaded chicken burger battered pollock fillet
MEAT FREE VEGETARIAN	Garlic mushroom and edamame bean and red pepper carbonara	Lentil and bean chilli	Pulled mushroom and falafels	Macaroni cheese	spicy vegetable burger with pickled red onions
ON THE SIDE	Herby linguini Parmesan cheese peas	Long grain rice sweetcorn Salsa, guacamole, cheese, sour cream	Sweetcorn Fries	Garlic slice Broccoli	Potato Wedges Petit pois Baked beans
DESSERT	Chocolate chip sponge & custard	Warm flapjack slice	Lemon shortbread and custard	Yoghurt bar & toppers	Giant cookie
EVERY DAY	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day

FOUNDED IN 1997

HOLROYD HOWE

FEEDING INDEPENDENT MINDS

Lunch

Mar 10

Week 3 SENIOR

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day
MAIN MEAL	Homemade Swedish Meatballs	Chicken and chorizo ragu	Roasted Pork loin	Sausage bar Butcher classic sausage Chicken sausages	Margherita pizza slice Or battered pollock fillet with lime mojo mayonnaise
MEAT FREE VEGETARIAN	Quorn Meatballs	Spicy tomato ariabata with chunky vegetables	Roasted vegetable hotpot with dumpling	Vegetarian sausage toad in the hole	Margherita pizza
ON THE SIDE	Spaghetti Steamed cabbage & courgette	Steamed Rice Broccoli	Fluffy roast potatoes Peas and cabbage gravy Yorkshire pudding	Mash Potato Sweetcorn and Onion gravy	Chips Peas Baked beans
DESSERT	Maple-soaked Pancakes with autumn berry coulis	Chocolate sponge with chocolate custard	Strawberry cheesecake	fruit crumble and custard	Biscoff muffins tray bake
EVERY DAY	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day