

BREAKFAST

Feb 24, Mar 17

WEEK 1

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

HYDRATION

Apple & orange juice
Tea & coffee
Oat & soya milk

HOT ITEMS

Back bacon
Scrambled egg

Mini croissants
Mini Danish pastries

Butcher sausages
Vegetarian sausages
Potato waffles
Grilled tomatoes

Chocolate twists
Cinnamon swirls

Back bacon
Roasted close cup
mushrooms
Boiled eggs

**DAILY
BREAKFAST
ITEMS**

Cereal
Fruits
Jams and preserves
Tea and coffee
Toast and spreads

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LUNCH

Feb 24, Mar 17


Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Mild tikka Chicken curry	Exmoor pork and herb Bolognese	Roast chicken Or Gammon	Traditional Cottage pie	Sustainable battered pollock fillet with tartare sauce
MEAT FREE VEGETARIAN	Japanese inspired vegetable curry	5 bean and spinach Bolognese	Cheese & tomato pinwheels	Lentil and butternut filo pie	Battered vegan sausage
ON THE SIDE	Basmati rice Green beans Mango chutney	Spaghetti pasta Parmesan cheese Sweetcorn	Fluffy roast potatoes Peas and cabbage gravy Yorkshire pudding	Mashed potato Carrots and peas	Triple cooked chips Peas Baked beans
DESSERT	Ice cream	Apple and cinnamon crumble with custard	Sticky toffee pudding and toffee cream	Vanilla Rice pudding and jam sauce	Chocolate brownie
EVERY DAY	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day

SUPPER

Feb 24, Mar 17

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAIN COURSE ONE	Open Philly cheese steak ciabattas Cuban chicken sandwiches		Butchers pork meatballs in a rich tomato sauce	Korean chicken Boa buns	Jacket potato bar	Pork and herb Bolognese	Braised beef gnocchi
VEGETARIAN	Loaded veggie melt	Bean burger	Vegan meatballs	Pulled portobello Boa bun	Tuna mayo Beef chilli Baked beans cheese	Plant based Bolognese	Med vegetable gnocchi with pesto
ON THE SIDE	Parmesan garlic wedges Onion rings Caeser salad planks	Celery salt fries Corn on the cob Dips Hot sauce	Spaghetti pasta Garlic and rosemary focaccia Krispy kale	Oriental salads 5 spice fries dips	Soup Selection of crisps Crunchy salads	Spaghetti Garlic bread Parmesan cheese Roasted med veg	Crusty bread Carrots and peas

**SERVED WITH A SALAD BAR
CUT FRUITS
HOT & COLD DESSERTS**

BREAKFAST

Mar 3, Mar 24

WEEK 2

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HYDRATION	Apple & orange juice Oat & soya milk				
HOT ITEMS	Pork sausage Vegetarian sausage Grilled tomatoes Boiled eggs	Croissants Danish pastries	Back bacon Poached eggs Baked beans	Ham and cheese pastries Pain au chocolates	Maple glazed sausage Vegetarian sausage Hash browns mushrooms
DAILY BREAKFAST ITEMS	Cereal Fruits Jams and preserves Tea and coffee Toast and spreads	Cereal Fruits Jams and preserves Tea and coffee Toast and spreads	Cereal Fruits Jams and preserves Tea and coffee Toast and spreads	Cereal Fruits Jams and preserves Tea and coffee Toast and spreads	Cereal Fruits Jams and preserves Tea and coffee Toast and spreads

LUNCH


Mar 3, Mar 24

Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Chicken and ham carbonara	Mild Beef chilli nachos	Roast chicken	3 cheese macaroni cheese	Battered pollock fillet
MEAT FREE VEGETARIAN	Garlic mushroom and edamame bean and red pepper carbonara	Mild lentil and bean chilli	Quorn sausage and roasted root vegetables	Macaroni cheese	Vegetable burger with pickled red onions
ON THE SIDE	Herby linguini Parmesan cheese peas	Long grain rice sweetcorn Salsa, guacamole, cheese, sour cream	Roast potatoes Rich gravy Carrots & peas Yorkshire puddings	Garlic slice Broccoli	seasoned Chips Petit pois Baked beans
DESSERT	Chocolate chip sponge	Warm flapjack slice	Lemon shortbread	Jam doughnut	Giant cookie
EVERY DAY	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day

SUPPER

Mar 3, Mar 24

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAIN COURSE ONE	CHINESE TAKEWAY SYTLE Sweet and sour pork Crispy shredded chicken	Chicken Milanese	PROPER BURGERS 	MEXICAN THEMED NIGHT burritos, tacos, nachos,	Traditional Beef lasagne	FAKEWAY Stone baked dominoes style Pizza selection	Chicken tikka pie
VEGETARIAN	Crispy tofu bites	Quorn Milanese	Falafel, hummus and slaw wrap	Pulled sweet potato taco	Tomato, feta and olive cannelloni	Loaded pizza	Vegetable pie
ON THE SIDE	Egg fried rice Crispy kale Chow Mein noodles Prawn crackers	Spaghetti pasta Rich tomato sauce Parmesan cheese Roasted garlic aubergines	Fries Cheese slices Sauces Onions	Sides sauces	Crusty rolls Tossed salad coleslaw	Potato wedges Garlic dip salad	Roasted new potatoes Green beans
SERVED WITH A SALAD BAR CUT FRUITS HOT & COLD DESSERTS							

BREAKFAST

Mar 10

WEEK 3

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HYDRATION	Apple & orange juice Tea & coffee Oat & soya milk				
HOT ITEMS	Back bacon Hash browns Scrambled egg	Pain au chocolates Danish pastries	Sausages Vegetarian sausages Heel tap potatoes Baked beans	Croissants Chocolate twists	Back bacon Fried eggs Roasted close cup mushrooms
DAILY BREAKFAST ITEMS	Cereal Fruits Jams and preserves Tea and coffee Toast and spreads	Cereal Fruits Jams and preserves Tea and coffee Toast and spreads	Cereal Fruits Jams and preserves Tea and coffee Toast and spreads	Cereal Fruits Jams and preserves Tea and coffee Toast and spreads	Cereal Fruits Jams and preserves Tea and coffee Toast and spreads

LUNCH

Mar 10

Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Swedish Meatballs	Chicken thigh and chorizo ragu	Slow roasted pork shoulder and apple sauce or braised chicken leg	Sausage bar Butcher classic sausage Pork & leek sausage	Battered pollock fillet with lime mojo mayonnaise
MEAT FREE VEGETARIAN	5 bean and roasted red pepper chilli	Spicy tomato ariabata with chunky vegetables	Roasted vegetable hotpot with dumpling	Chicken sausages Vegetarian sausage toad in the hole	Margherita pizza
ON THE SIDE	Spaghetti Steamed cabbage & courgette	Wholemeal penne pasta Broccoli Green beans	Fluffy roast potatoes Peas and cabbage gravy Yorkshire pudding	Mash Potato Sweetcorn and Onion gravy	Chips Peas Baked beans
DESSERT	Maple-soaked Pancakes with autumn berry coulis	Chocolate sponge with chocolate sauce	Strawberry cheesecake	fruit crumble and custard	Biscoff muffins tray bake
EVERY DAY	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day	Jacket potato with cheese and beans Pasta bar with sauce of the day

SUPPER

Mar 10

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MAIN COURSE ONE	Chefs choice pasta bar	Tomato and BBQ meatball sub melts	Sticky BBQ baby back ribs	Ramen noodle bar Variety of meats	BBQ and maple glazed chicken thighs	Katsu crispy chicken curry	Roast dinner Turkey and pork shoulder
VEGETARIAN	Chefs sauce of the day	Quorn bite subs	Jumbo veg skewers	Ramen noodle bar	Sticky glazed aubergine	Tempura vegetables	Vegetable loaf
ON THE SIDE	Cheesy garlic sourdough pizza bread Italian salads	Curly fries Slaw Pickled onions salad	Seasonal slaw Tartare sauce Salad planks	egg Noodles Spicy Thai Broth Shredded veg toppings eggs	Crispy mac and cheese balls Charred buttery corn cob	Rice Roasted peppers poppadum's	Roasties Cauliflower cheese Root veg Gravy Yorkshire puddings Stuffing balls

**SERVED WITH A SALAD BAR
CUT FRUITS
HOT & COLD DESSERTS**